

Books

The Age of Miracles: Embracing the New Midlife
Marianne Williamson

Creating Your Best Life: The Ultimate Life List Guide
Caroline Adams Miller and Michael B. Frisch

*The First 30 Days: Your Guide to
Any Change (and Loving Your Life More)*
Ariane de Bonvoisin

*Here's the Bright Side: Of Failure, Fear,
Cancer, Divorce and Other Bum Raps*
Betty Rollin

Moving Forward: Taking the Lead in Your Life
Dave Pelzer

*Thinking About Tomorrow:
Reinventing Yourself at Midlife*
Susan Crandell

What Now?
Ann Patchett

*When You're Falling, Dive:
Lessons in the Art of Living*
Mark Matousek

*Who Moved My Cheese? An A-Mazing Way to Deal
with Change in Your Work and in Your Life*
Spencer Johnson

Job & Education Resources



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Timberland Regional Library

**RENEW
WASHINGTON**
A project of the Washington State Library

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www.TRL.org 1-800-562-6022

Databases

To access these databases visit www.TRL.com, select *Research*, and click *Reference Databases*.

- ▶ **WOIS/The Career Information System**
Career choice information and assessment tools for civilian and military occupations.
- ▶ **LearningExpress Library**
Get prepared for civil service, military, and academic admissions exams.
- ▶ **Proquest and General OneFile**
Articles on a diverse range of topics from magazines, journals and newspapers.
- ▶ **GrantStation**
Potential funding sources for grant seekers.
GrantStation is only accessible in Timberland libraries.
- ▶ **GrantSelect**
Potential funding sources for grant seekers.

Vocational Rehabilitation Services

- ▶ **Washington State Division of Vocational Rehabilitation**
Toll Free: (800) 637-5627
Direct: (360) 725-3636
TTY: (800) 637-5627
Fax: (360) 438-8007
www.dshs.wa.gov/dvr
- ▶ **Morningside Services**
A private not-for-profit 501-(c)(3) Community rehabilitation program providing employment services to individuals with disabilities.
www.morningsideservices.com

Agencies and Websites

- ▶ **Employment & Security Department**
Resources for unemployed workers.
Are you eligible for unemployment benefits? Do you qualify for worker retraining?
www.esd.wa.gov
1 (800) 318-6022
- ▶ **Worksource**
Offices are open to the public and provide the information, technology and services that job seekers need to secure satisfying jobs.
www.GoToWorksource.com
(360) 704-3600
- ▶ **Community Colleges**
Offer evening and weekend classes in broad subject areas including computers, languages, health, arts and business.
 - ▷ **Thurston County**
South Puget Sound Community College
www.spscc.ctc.edu
 - ▷ **Grays Harbor, Pacific Counties**
Grays Harbor College
www.ghc.ctc.edu
 - ▷ **Lewis County**
Centralia College
www.centralia.edu
 - ▷ **Mason County**
Olympic College Shelton
www.olympic.edu/Campuses/Shelton
- ▶ **CareerOneStop**
U.S. Department of Labor offers career resources to job seekers.
www.careeronestop.org
- ▶ **Occupational Outlook Handbook**
A classic career reference resource.
www.bls.gov/OCO
- ▶ **PeaceCorps**
Volunteers travel overseas to make a real difference in the lives of real people.
www.peacecorps.gov
- ▶ **Small Business Administration**
Free online course about starting and running a small business.
www.sba.gov
- ▶ **The Volunteer Center of Lewis, Mason & Thurston Counties**
Connecting people with opportunities to serve.
www.volunteer.ws
- ▶ **Volunteer Match**
Making it easier for good people to find good causes to connect.
www.volunteermatch.org
- ▶ **Adult Literacy**
Providing GED, English language, and Adult Literacy tutoring for adults at no charge. See the directory of statewide programs at www.literacynow.info.
 - ▷ **Thurston, Mason Counties**
(360) 426-9733
www.masoncountyliteracy.org
 - ▷ **Grays Harbor, Pacific Counties**
(360) 533-9733
 - ▷ **Lewis County**
(360) 736-9391 ext. 382