What cutting my own hair taught me!



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i used to have really long hair.
(like past my waist!)



it got super heavy & i couldn't really style it except in a ponytail.

So then i decided



i am quite extreme so i decided to cut it super short (like under my ears)

i showed my mom a pinterest picture & asked her to help me because i didn't want to mess it up &



i was very nervous because i'd been growing it soooo long & was very attached to it.

my man helped me get out of my head & told me i should do it!

she cut it for me &i was a + new person!!!! +



then i let it grow about 4 months & it got a bit longer.

so then a few days ago i decided i should switch up my hair because i needed some change & ~excitment~!

i was really nervous be live never cut my own hair o hair o



at first i dian't like them to but now i do! i actually did pretty good! "

anyways, i write all this to say that cutting my hair has honestly helped me loosen up a bit! it helped me fearn to be brown & trust myself! it helped me learn to not be super attached to things, because i know it's just hair & it will grow back! so i might as well have fun with it 50 i hope to do more hair cutting on myself in the future !! + thanks 4 or reading ! see y

snip!

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