

A decorative border of black silhouettes of various flowers and leaves, including what appears to be a peony in the bottom corners, framing the central text.

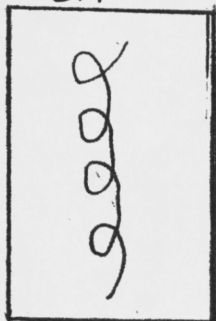
HOW TO STYLE
AFRICAN
HAIR

INTRO TO OUR

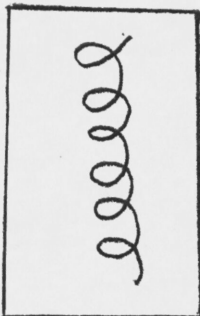
CURLS AND COILS

type 3 hair is generally
looser than type 4

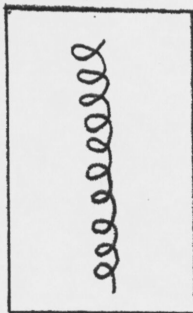
3A



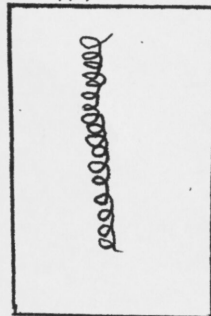
3B



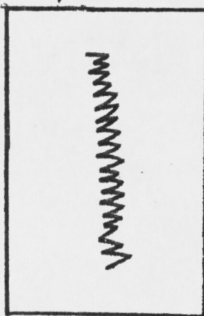
3C



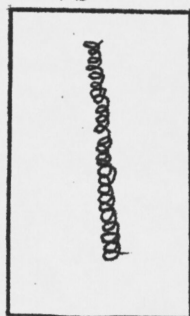
4A



4B



4C



my hair
type!

there are other hair types but they aren't
what these hairstyles are made for

INTRO TO THE

THE

STYLES

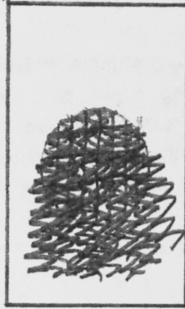
⚡ = braid

⚡ = locks

cornrows



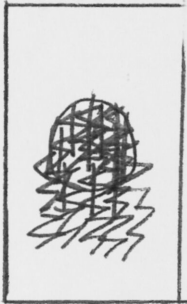
box braids!



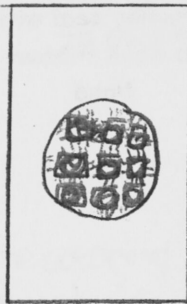
Afro (4c)



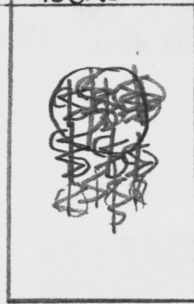
(dreadlocks)



(bantu knots)



(butterfly locks)



There are many more styles but these are just my personal favorites!

CORNROWS

"cornrows" is a hairstyle that originated in Africa. The braids are very close to the scalp and tight. fun fact: they were used as communication and escape maps in the underground railroad

STEPS

1. detangle and wash well, I recommend any mielle shampoo

2. part your hair using a rat tail comb from forehead to neck. more sections= smaller rows

3. braid the row, keep it tight. I recommend edge control for a neater look

4. Keep adding in small pieces of hair as you braid down

5. when your done braiding seal with a small rubber band

BOX-BRAIDS

Box braids is what we like to call a protective hair style, meaning we can wear it for a while our hair can grow while our ends are protected.

1. wash detangle and dry your hair using a hairbrush and blow dryer
 2. part your hair, there are many ways of doing it but i recommend splitting your hair into four pieces and then parting each piece.
 3. make a knot using the synthetic hair extensions around the root of your natural hair
 4. braid down the hair and keep adding hair if needed
 5. do it with your whole head then dip it in boiling hot water to seal the ends
- this can take 3-36 hours depending on how thick and long they are,

me wearing box braids



AFRO

When people think of an afro, the first thing that comes up is clown or a disco person, but to me an afro is my natural hair texture and its beautiful. Just remember, you can't rock this style without any confidence!

HOW TO STYLE

1. start by washing it with 4c friendly shampoos!
2. after it's been dried, add some curl cream to define it
3. to give it some volume grab any afro comb and start combing your hair upwards.
4. have some confidence!!



DREADLOCKS

Dreadlocks is a really interesting style! They are permanent unless you cut them. The style is extremely complicated so I won't be teaching you how to make them, but I will be showing you how to maintain them.

HOW TO MAINTAIN

1. make sure to wash them every 2-4 days with warm water. (you don't need to wash coily/curly hair as much as straight/wavy hair)
2. when washing, massage shampoo into your scalp and let it sit for 1-2 minutes.
3. make sure to visit the hair stylist every month for a retwist. (as your hair grows you need to retwist the hair)
4. sleep with a silk pillowcase to keep them from getting damaged while sleeping

BANTU KNOTS

Bantu knots are a super fun style for kids! They're super easy and good to have for 1-2 days,

STEPS

1. rinse your hair leaving it damp then add a cream with some hold in it.

3. twist a peice of hair near the scalp and keep twisting around it ~~until~~ it forms a little knot.

2. separate your hair in equal sections, they can as big as you want but I recommend not making them too big or else it will be too hard to do the knots

4. to hold it still, tuck the end of the knot under the root.

5. make sure to sleep with a silk bonnet or pilowcase or else the knots will get messed up

BUTTERFLY LOCKS

The difference between dreadlocks and butterfly locks are that butterfly locks are temporary, and they use curly synthetic extensions that makes them resemble natural hair a little more.

STEPS

1. rinse your hair with shampoo and conditioner.

2. separate your hair like they're box braids then tie the root with a mini rubber band.

3. now using a crochet technique, weave the extensions into the hair

4. start braiding your hair and the extension then wrap some of the extension around of the braid and repeat until desired length

5. repeat to the rest of the head and done!

Why this topic?

I choose this topic because I have been struggling managing my hair all my life and I was curious and wanted to research more!

I also wanted to share tips and tricks if any other African girls have the same struggles.

My final reason was to get people to understand the importance of our hair. My hair is what makes me unique!!

I've been made fun of for most of my childhood for my hair, and it's been hard for me to embrace it. I am extremely glad I could share this with you.

WORKS CITED

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<https://www.wikihow.com/Maintain-Dreadlocks>

https://en.wikipedia.org/wiki/Box_braids

<https://ukbeautyroom.com/wp-content/uploads/2021/04/hair-types-curly-girl-method-UK-300x200.jpg>

Thanks for

READING

My
Zine!!

